

# CFR Connection

2012, Issue 3



**Child & Family  
Resources, Inc.**

SERVING CHILDREN  
AND FAMILIES IN  
ONTARIO, SENECA  
AND YATES  
COUNTIES

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## Helping Kids With Bullying

Each day, 10-year-old Seth asked his mom for more and more lunch money. Yet he seemed skinnier than ever and came home from school hungry. It turned out that Seth was handing his lunch money to a fifth-grader, who was threatening to beat him up if he didn't pay.

Kayla, 13, thought things were going well at her new school, since all the popular girls were being so nice to her. But then she found out that one of them had posted mean rumors about her on a website. Kayla cried herself to sleep that night and started going to the nurse's office complaining of a stomachache to avoid the girls in study hall.

Unfortunately, the kind of bullying that Seth and Kayla experienced is widespread. In national surveys, most kids and teens say that bullying happens at school.

A bully can turn something like going to the bus stop or recess into a nightmare for kids. Bullying can leave deep emotional scars that last for life. And in extreme situations, it can culminate in violent threats, property damage, or someone getting seriously hurt.

If your child is being bullied, there are ways to help him or her cope with it on a day-to-day basis and lessen its lasting impact. And even if bullying isn't an issue right in your house right now, it's important to discuss it so your kids will be prepared if it does happen.

Unless your child tells you about bullying — or has visible bruises or injuries — it can be difficult to figure out if it's happening.

But there are some warning signs. Parents might notice kids acting differently or seeming anxious, not eating or sleeping well, or doing the things they usually enjoy. When kids seem moodier, more easily upset than usual, or when they start avoiding certain situations, like taking the bus to school, it might be because of a bully.

If you suspect bullying but your child is reluctant to open up, find opportunities to bring up the issue in a more roundabout way. For instance, you might see a situation on a TV show and use it as a conversation starter, asking "What do you think of this?" or "What do you think that person should have done?" This might lead to questions like: "Have you ever seen this happen?" or "Have you ever experienced this?" You might want to talk about any experiences you or another family member had at that age.

Let your kids know that if they're being bullied — or see it happening to someone else — it is important to talk to someone about it, whether it's you, another adult (a teacher, school counselor, or a family friend), or a sibling.

*Continued on page 3*



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### Penn Yan Center\*

263 Lake Street  
Penn Yan, NY 14527  
315-536-1134  
Fax: 315-536-9918

### Children's Center

at Yates County  
Courthouse  
Monday—Wednesday  
9am—5pm  
415 Liberty Street  
Penn Yan, NY 14527  
315-531-3438

### Geneva Center\*

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Fax: 315-781-1493

### Gorham ECE

Gorham Elem. School  
Gorham, NY  
585-526-6351

### Seneca Falls\* Center

115 Fall Street  
Seneca Falls, NY 13148  
315-568-0945  
Fax: 315-568-0978

\*Regular office hours are  
Monday-Friday, 8:30-430

### 5 Ways to Bully Proof Your Child

Did you know that 25% of public schools report that bullying among kids occurs on a daily or weekly basis? And that 1 in 5 high school students report being bullied in the past year?

The good news is that because bullying has made national headlines, schools and communities (and even celebrities) are taking a strong anti-bullying stance.

You can do your part at home, too. Here are five smart strategies to keep kids from becoming targets — and stop bullying that has already started:

**Talk about it.** Talk about bullying with your kids and have other family members share their experiences. If one of your kids opens up about being bullied, praise him or her for being brave enough to discuss it and offer unconditional support. Consult with the school to learn its policies and find out how staff and teachers can address the situation.

**Remove the bait.** If it's lunch money or gadgets that the school bully is after, you can help neutralize the situation by encouraging your child to pack a lunch or go to school gadget-free.

**Buddy up for safety.** Two or more friends standing at their lockers are less likely to be picked on than a child

who is all alone. Remind your child to use the buddy system when on the school bus, in the bathroom, or wherever bullies may lurk.

**Keep calm and carry on.** If a bully strikes, a kid's best defense may be to remain calm, ignore hurtful remarks, tell the bully to stop, and simply walk away. Bullies thrive on hurting others. A child who isn't easily ruffled has a better chance of staying off a bully's radar.

**Don't try to fight the battle yourself.** Sometimes talking to a bully's parents can be constructive, but it's generally best to do so in a setting where a school official, such as a counselor, can mediate.



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## CFR Connection is Going Green!

Starting with the **next issue** we will no longer be sending a paper copy of this newsletter to our community members and providers with a current email. You will receive **CFR Connection** by email or by downloading it from our website. If we do not have your email, please provide it to us. We will gladly send a paper copy to those who prefer this method, though. For either one, all you need to do is to contact Bette Somerville at: [bette.somerville@cfresources.org](mailto:bette.somerville@cfresources.org) or call her at 315-781-1491 ext. 209.

**Thank you for going green with us!**

### Our Mission Statement

Child & Family Resources is dedicated to providing affordable and accessible programs that enhance and support the education of parents, caregivers, and child care providers, as well as encourage the highest quality of care and positive learning experiences for young children.



## What is an Emergency Evacuation Plan?

An Emergency Evacuation Plan is more than a plan for Fire Drills. It is a plan to evacuate for disasters and other emergencies such as a gas leak, flooding, power outage, carbon monoxide leak, etc. Disasters and other emergencies may strike at any-time and anywhere. Three action steps to take can help make a difference keeping you and children safe.

The following suggestions are taken from the American Red Cross web-site.

1. **Get A Kit:** have basic first aid supplies handy and readily available for use in your home or take with you in case you must evacuate. Water, flashlight, batteries, radio, first aid kit, personal/child documents and contact information, cell phone, medical supplies, baby supplies, pet supplies, car and house keys, etc.
2. **Make a Plan:** Meet with family and children, discuss how to prepare and respond to emergencies, designate a meeting place, etc.
3. **Be Informed:** Learn what disasters may occur in your area. Identify how local authorities will notify you, know what actions to take to prepare yourself, make sure you or someone in your household is trained in CPR and First Aid.

## What is a Shelter-in-Place Plan?

During certain emergencies, it may be safest to stay in your home or shelter-in-place.

Three steps you can take to plan for sheltering-in-place are:

1. **Understanding Sheltering-in-Place:** taking immediate shelter wherever you are, emergency personnel may advise or require to shelter-in-place during rare instances. These instances may include gas leak, chemical spill, or downed electrical wires. Local authorities will notify you by phone, TV, radio or electronic methods.
2. **Typical Reactions:** One may display anxiety, fear, confusion, worry, and even boredom. Acknowledge reactions with positive responses.
3. **What Can You Do:** Take actions that will help protect emotional well-being, remain informed, pay attention to emotional health, monitor physical health needs, focus on positive actions, maintain contact with family and friends, etc.

For more detailed information you can access the website at [www.redcross.org](http://www.redcross.org).

**OCFS is requesting provider's to take a look at both plans, update each plan accordingly, and review each plan with your licenser or registrar during the next inspection visit.**

## Summer enrichment programs at Child & Family Resources!!

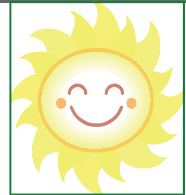


**Kiddie Kamp**  
...for 3-5 year olds  
9:30-12:30  
\$90 for each session

**Penn Yan:** Tuesday & Thursday  
**2 Sessions:** July 17– Aug 2, August 14-30  
**Geneva:** Monday & Wednesday  
**2 Sessions:** July 16-Aug 1, August 13-29

**Kaleidoscope Kiddie Kamp**  
...for 6-9 year olds  
1:30-4:30  
\$90 for each session

**Penn Yan:** Tuesday & Thursday  
**2 Sessions:** July 17– Aug 2, August 14-30  
**Geneva:** Monday & Wednesday  
**2 Sessions:** July 16-Aug 1, August 13-29



*Healthy Eating, Science Experimentation, Outdoor Exploration, Library Connections  
Music, Art, And Much, Much More !*

**For information contact: Penn Yan: 315-536-1134, ext. 301 or Geneva: 315-781-1491, ext. 201**



## provider page:

Over 100 child care providers and guests from Ontario, Seneca and Yates counties were recognized for their work in the early care and education field at the CFR appreciation dinner held May 2nd at the Ramada Geneva Lakefront . Millie Furano (pictured below) was also honored for her 39 years of work and dedication to children in her care.



### A big THANK YOU

to all the donors who helped make our  
Provider Appreciation Dinner a success!!

Angel's Family Restaurant  
A Barrel of Fun Productions  
Belhurst Castle  
BJ's Wholesale  
Bristol Valley Theater  
Bristol View B&B  
Cam's NY Pizzeria  
City Centre Massage  
Curves for Women  
Earthly Possessions

Flying Colors  
Goodie II Shoppe  
Glenora Wine Cellars  
The House of Leather  
Infant/Toddler Project  
Keuka Restaurant  
Knapp & Schlappi  
Long's Cards and Books  
Mark's Pizza  
Morgan's Grocery  
Olney Place  
Parker's Grill & Tap Room  
Pizza Hut  
Ponderosa Steakhouse  
RadioShack  
Ramada Inn Geneva Lakefront  
Seneca Duck Hunters  
Super Casuals  
TGI Friday's  
Tops Markets  
Wal-Mart



*Hats off to...*

#### New CDA Recipients

*Deidre  
Thomas*

*Rachel  
Westerman*

#### New CACFP Participants:

*Colleen  
Hemore*

#### New Providers:

*Cindy  
DeJonge*

*Kelly Wood*

*Melinda Lapp*

# child care training reminders ...

**All Specialized Training — \$30**  
**All Class Times: 6:30-8:30pm**  
**Contact the Geneva office to register**  
**315-781-1491, ext. 201**



## **Ouch! (CD, PD, SDC)** **July 12** **Penn Yan Site**

Unfortunately, when very young children are together, biting is a common behavior. In this class we will focus on why children

bite, the developmental stages of biting, and what changes we may need in our environment that would help inhibit this behavior. Participants joining us in this training will walk away having a better understanding on why children bite and what their role is in preventing biting and to help with behaviors.

(Identified audience – new providers, experienced providers, FDC, GFDC, DCC, LE)

## **Regulation Review (SDC)** **July 26– Penn Yan Site**

Do you need a refresher on Regulations? Do you have questions about any new regulations? If so– this is the session for you. Participants will have the opportunity to join a child care Registrar in this group discussion and lecture based training to ask those unanswered regulatory questions. Do you know your regs?

(Identified audience – new providers, experienced providers, potential providers FDC, GFDC, SACC)

## **New Online Course- Transportation in Child Care**

[http://www.ecetp.pdp.albany.edu/elearn\\_catalog.shtm](http://www.ecetp.pdp.albany.edu/elearn_catalog.shtm)



During this fully narrated course, trainees will learn important information pertaining to transporting children in a child care setting. Learning points of the training are enhanced throughout using video clips and interactive exercises.

## **Words Matter (CD, PD)** **August 8- Geneva Site**

How we say things matters! Is the glass half empty or half full? Is the child difficult or spirited? How we look at life and how we speak to children can make a difference. Come and learn different ways of expressing and looking at the challenges children bring to us everyday. We will explore common phrases and misconceptions and find new perspectives that will build up your children and your program. Come and play with your words~ It will be enlightening and fun!

(Identified audience – new providers, experienced providers, potential providers FDC, GFDC, DCC, SACC, LE)



## **School Age C.A.R.E.** **(PD, CD, SS)**

**August 23-Seneca Falls Site**  
**November 29-Geneva Site**

Would you like to improve your skills for working with school age children? This training will focus on four key elements for quality care for the

sometimes challenging school age population.

**Consistency, Accountability, Respect, & Empowerment.** Providers will have a chance to practice these skills through group activities and scenarios. Participants will take back with them their own prioritized list of 4 new ideas/concepts to start implementing when they get back to their school age setting. This training is designed for providers who care for larger groups of school age children.

(Identified audience – new providers, experienced providers with after school children in their program GFDC, DCC, SACC)

## **Health and Safety Refresher Course** **(SS, NH, SDC)** **July 25- Geneva Site**

This class is design for experienced providers who either took H&S years ago or where grandfathered in during the regulatory changes.

# child care training reminders ...

**ONLINE TRAINING OPPORTUNITY:** The following **NAEYC** classes are approved for NYS child care providers

New York State Topic Area:

*Principles of Childhood Development*

- Developmentally Appropriate Practice and Intentionality, 5 Clock Hours/0.5 CEUS
- Developmentally Appropriate Practice and Play, 3 Clock Hours/0.3 CEUS

Get more information at [www.naeyc.org/DAP/pdt](http://www.naeyc.org/DAP/pdt)

## CACFP- Child and Adult Care Food Program

**ATTENTION CACFP PARTICIPANTS!!!**  
**Only 2 trainings left for this CACFP year.**

8/14/12—United Church, 11 Gibson Street, Canandaigua  
All sessions 6:30-7:30pm

### Additional:

9/22/12 — Geneva Site, 41 Lewis Street  
Saturday — 9:30 –10:30am

- ➔ CFR CACFP participants are required to attend one CACFP training per year.
- ➔ CACFP training can also be used toward the regulatory training topic area of “NH”
- ➔ There is no cost to CFR CACFP participants.
- ➔ \$15 fee for non-CFR CACFP participants
- ➔ Registration is required.

CACFP Participants:

Please contact: Amanda Hines, CACFP Administrator,  
315-536-1134, ext. 310 to check your  
training requirement status!!

NON-CFR CACFP Participants:

Please contact Kelly Cohick:  
315-536-1134, ext. 301

## Renewal Amnesty Program

As of March 1st, the Council of Professional Recognition, an arm of NAEYC, launched the **Renewal Amnesty Program**, allowing anyone who has earned or renewed a CDA within the last ten years to apply for Renewal. If your CDA has a credential date of January 2002, or later, you are eligible for Renewal Amnesty. This offer is **good only until December 31, 2012**. For more information call : 202-265-9090 or 800-424-4310

## M.A.T.

### Medication Administration Training

Class Date	Location	Time
July 21st Saturday	Seneca Falls 115 Fall Street	8:00-5:00
September 29th Saturday	Geneva 41 Lewis Street	*Time corrected from p.26 of catalog

Non-Refundable Registration/Materials Fee: \$50

Classroom Training Fees: \$150

Independent Study Competency & Test: \$75

Independent Study Competency & Test  
with M.A.T. binder if requested: \$125

Topic Areas covered: SDC-2 hrs., NH-5 hrs., SS-1hr.

*Training topics awarded upon successful  
completion of competencies testing.*

For specific curriculum questions contact  
Joni Gustafson at 315-435-7093

To register contact Heather Fiero at 315-781-1491, ext. 212

**Health & Safety Training** is required for all **potential family and group family** child care providers in order to become registered or licensed. Fees for Health & Safety are reimbursable to new providers who are successful in receiving their registration or license. This session of Health and Safety will be held at the Geneva Site from 6:00-9:00 pm on the following Mondays....

September 17 -“Intro to Health & Safety”, BR
September 24 -“Creating a Safe Environment”, SS, SDC
October 1-“Creating a Healthy Environment, Part 1”, NH, SDC
October 15 -“Creating a Healthy Environment, Part 2”, NH, SDC
October 22 -“Protect & Prevent”, SS, CA, SCA, SBS
October 29 -“Emergency Preparation & Response”, SS, SDC

Cost for the series is \$250.

You may be eligible for a grant to assist with payment.

For further information please contact  
Tammy Bursley at 315-781-1491, ext. 207

To register, contact  
Millie Ortiz at 315-781-1491, ext. 201



## Eight Considerations for Quality Infant and Toddler Environments

Since surroundings have such a powerful influence on infants and toddlers, there are eight qualities to consider when you set up infant and toddler group environments. These qualities are divided into two groups. Four relate to the needs of infants and toddlers and their caregivers- Safety, Health, Comfort, and Convenience. The second four support infant development- Child-size Space, Flexibility, Movement, and Choice.

**Safety** is one of the most important concerns in a group setting. Having a safe environment where children can move around freely and explore without the caregiver worrying about the children getting hurt.

**Health** is an issue when caring for infants and toddlers. Both the children and the adults must be protected from illness with a well-kept environment.

A **Comfortable environment** can create a calming atmosphere and allows both infants and caregivers to function without stress, which is harmful to brain development. Reducing clutter, giving attention to attractive displays and introducing nature in the room are some ways to bring about a relaxing mood.

A **Convenient environment** is one which both infants and adults can easily see, find, and access materials. Making sure that the arrangement of the materials is clear and visible to all who use the space.

**Child Size Space** – When an environment is set up to fit infant and toddlers where they can reach what they want, climb up challenging distances and explore what interests them, caregivers will spend less time lifting children, placing them in chairs, getting toys for them and picking up toys they have dropped. “Research shows that the more child-scaled the environmental space, the higher the quality and complexity of children’s play will be, and the longer they will be preoccupied in the play. In other words, a child-scaled environment increases children’s interest and concentration, and it delays boredom. In a large space, children are encouraged through reading the environment to move about from one thing to another, whereas in small contained areas, they are more focused.” Randy White, CEO White Hutchinson Leisure & Learning Group, Inc., Designing facilities for children’s development, learning and play.



### In creating a **Flexible room**:

Use equipment that is easy to move, lightweight and mobile. Use adjustable equipment that will keep up with the growing children in your program. Store a variety of toys, materials and equipment in a convenient place. Combining activity areas may be of help to you in the use of your space.

Infants and Toddlers need an environment that **encourages** movement. The children are becoming fully involved with their surroundings. This includes encouraging infants and toddlers to move freely and to explore

with open pathways for crawling, low steps for climbing, surfaces of all textures, tunnels, slides, rocking boats, play pits, lofts, risers of different heights, and easy access to outdoors. Researchers have found that fixed equipment such as climbers and slides, rather than toys and planned activities, stimulate cooperative peer play.

An environment that allows infants and toddlers to make **choices** supports their development because it is predictable and provides children opportunities to discover what they find interesting or challenging.

(adapted from PITC Infant/Toddler Caregiving: A Guide to Setting up Environments)



## TAKE IT OUTDOORS!!

Did you know that children who play outdoors laugh more? This means they are happy. It also means their blood pressure and stress level are lower. Kids who play outdoors grow in their character development: they become more adventurous, more self-motivated, and they are better able to understand and assess risk. So **take them outside this summer!**

### Shark!

Put hula hoops or beach towels on the ground to serve as dens for all the "fish." One child gets to be the shark. When the shark calls, "Fishie, fishie, cross my ocean," the fish have to move to a different den. If, while out of a den, the shark tags them, they get to be sharks as well. The last remaining fish becomes the first shark next time. Adults can also remove dens, forcing kids to stand together on one. For variety change the shark to a T Rex. Optimal age : 3 and up. Number of players: 4 or more



### Blob Tag

The youngest child gets to be the first "it." (They usually consider this a privilege.) When he or she tags someone, they join hands and have to tag another, on and on, until everyone is holding hands. Tip: Keep the play area small. Kids 5 and under have a hard time catching each other.

Variations: Tunnel Tag — When tagged, you freeze and someone has to crawl between your legs to free you. Shadow Tag — When "it" steps on your shadow, you become "it." Optimal age: 2 and up . Number of players: 4 or more

## School Age Art Corner

By Terri Knight-Miller

### Tissue Paper Collage

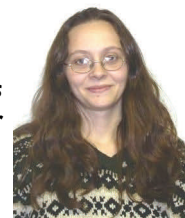
Items Needed:  
Thinned out glue (Elmers with water added)

Q-tips for glue application  
White construction paper  
Colored tissue paper scraps  
Black magic markers



- Start by giving each child a white piece of regular size construction paper.
- Have the children tear (**not cut**) tissue paper into abstract shapes.
- Have them apply a small amount of glue on a small section of the white construction paper.
- Starting with the darker colors first, have them apply the tissue paper to the section where the glue is applied making sure the tissue paper is laying down flat.
- Have them continue to put glue on sections and cover them until the **entire** paper is covered with layers of flat torn tissue of overlapping colors.
- Leave the project to dry until the next day.
- When the project is dry, have each child look for hidden shapes in their artwork. If they have layered lighter colors of tissue over darker pieces, there should be some shapes. (It is sort of like looking at clouds).
- When they see a shape, have them draw around the shape with the black magic marker. (If they have trouble at first seeing shapes, you can help them get started by pointing one out on their artwork.)

To add a nice touch, you can then mount them on larger black or colored construction paper to create a nice border and have a great finished look!



## WHY YOU SHOULD JOIN CACFP (Child and Adult Care Food Program)

Are You a Child Care Provider? (registered, licensed, legally exempt)  
Are you interested in joining CACFP ?

### Why...

- Ø CACFP guarantees that children have balanced nutritious meals
- Ø CACFP helps you plan menus
- Ø You'll be offered nutrition training, sponsored and paid for by CACFP
- Ø It's a great marketing tool for your business as parents know the children receive meals based on USDA nutrition standards for young children
- Ø You'll be reimbursed grocery dollars for serving CACFP approved meals to children in your care (including infants on formula and breast milk)



### It is a...

- Ø WIN for Busy Parents – parents **SAVE TIME** and **SAVE MONEY** by not having to supply any food
- Ø WIN for Happy Children – children **STAY HEALTHY** & have **BETTER ATTENDANCE** at child care
- Ø WIN for Child Care Providers – providers can **LOWER FOOD EXPENSES** & still serve **HEALTHY, BALANCED MEALS**.

### Program Benefits...

- Ø You receive a monthly reimbursement check for a portion of the meals you provide and could possibly include meals served to your own children during day care hours.
- Ø You are offered a supply of recipe and nutrition activity resources.
- Ø All forms and papers necessary to participate will be supplied by us, your sponsor.
- Ø Training and guidance on nutrition standards are available to you when you need them.
- Ø Your CACFP Administrator is only a phone call or e-mail away to answer any questions you may have.
- Ø You will also benefit from one-on-one visits to your home.



### How...

Contact our CACFP Administrator at 315-536-1134, ext. 310



get connected ...

## Chubby Chase Family Fun Run Event - 10K, 5K, and 1 Mile Kids' Run



Saturday, July 28  
Geneva General Child  
Care Center  
196 North Street (behind GGH)

For more information or to request  
registration forms, please call 315-787  
-4100 or visit [www.flhealth.org](http://www.flhealth.org).  
Register online at [www.active.com](http://www.active.com).



**Ages and Stages  
Questionnaire**, a friendly  
assessment/screening tool is now  
available online for parents and  
providers at the Easter Seals

Make the First Five Count website. This questionnaire  
can aid parents/providers in identifying potential issues  
so that any concerns can be addressed to make sure that  
children receive appropriate services and are ready to  
enter school. It also aids providers in making individual  
care plans for the children in their care. Access the  
Easter Seals website and the ASQ at [http://  
www.easterseals.com/site/PageNavigator/  
ntlc10\\_mffc\\_homepageasq.html](http://www.easterseals.com/site/PageNavigator/ntlc10_mffc_homepageasq.html) or [www.easterseals.com](http://www.easterseals.com)  
and click on Is Your Child At Risk.



**MAKE THE  
FIRST FIVE  
COUNT®**



**Guess what is the #1 book  
based on Scholastic Readers' 100 greatest picks?**

To find out the answer and to see  
how many of the 100 you have read  
go to the full listing of Parent and

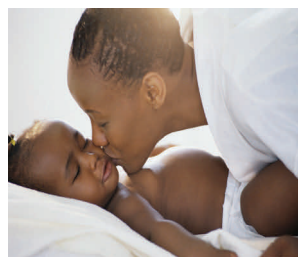
Child 100 Greatest Books for Kids at  
[www.scholastic.com/100books](http://www.scholastic.com/100books).

## "Looking for Quality Child Care"

*is a free session designed to give  
parents information and tools on  
accessing quality child care.*

*Topics include:*

- Characteristics of quality child care
- Communications and relationship building with providers
- Advocating for family friendly public policy in your community
- Time for open discussion and questions



**Date: June 21st  
Time: 6:30-8:00pm  
41 Lewis Street, Geneva**  
*\* light refreshments provided*  
**To Register:  
315-781-1491, ext. 212  
[www.cfresources.org](http://www.cfresources.org)**

## Attention Employers!

Child and Family Resources offers free parent  
information sessions or presentations geared  
toward your employees with children. The  
presentations cover topics such as how to find  
quality child care, parenting, child development and  
work/family topics. For more information or to  
schedule an information session for your employees  
call Bette at 315-781-1491, ext. 209

## Important for all parents and providers of toddlers:

Injuries to toddlers whose  
parents "ride" the slide with  
them? Go to [www.nytimes.com](http://www.nytimes.com)  
and in the search box, type A  
Surprising Risk for Toddlers on  
Playground Slides (04/23/2012)



## July

National Blueberry Month

2012

Nat'l Make a Difference to  
Children Month

- July 4            **CFR closed — all sites**
- July 7            Father/Daughter Take a Walk Day
- July 16           Global Hug Your Kid Day
- July 16—Aug 2   Kiddie Kamp-Session 1  
M/W — Geneva, T/Th — Penn Yan

## August

Happiness Happens Month

2012

Get Ready for Kindergarten

- August 5           Sister's Day
- August 13-30    Kiddie Kamp-Session 2  
M/W — Geneva, T/Th — Penn Yan
- August 24        **CFR Staff Development —  
all sites closed 12-4:30pm**
- August 26        National Dog Day

## September

Baby Safety Month

2012

Nat'l Hispanic Heritage  
Month (9/15—10/15)

- September 3           **Labor Day — all sites closed**
- September 9           National Grandparents Day
- Week of September 10   ECE classes begin

### Parenting Meetings and Support!!

(Child Care Provided-Registration Required)

#### Geneva Site:

Mondays -1-3:00pm, ongoing group  
**FUN — Family Understanding and Nurturing**

#### Penn Yan Site:

Wednesdays - 6-7:30pm, ongoing group  
**P4L — Parenting For Life**

Child & Family Resources, Inc. is an official Child Care Resource and Referral Agency affiliated with the New York State Office of Children and Family Services, Division of Child Care Services, Regional Office, 259 Monroe Avenue, Rochester, NY 14607.  
585-238-8531



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Penn Yan, NY 14527

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If you can give your son or daughter  
one thing, let it be enthusiasm.



Community Partner

